

HH/PSYC 3140 3.0, section P
Winter Term 2014
ABNORMAL PSYCHOLOGY
Classes: Thursdays 11:30am to 2:30pm
Location: Vari Hall C (VH-C)
January 9 to April 3, 2014
Final Exam Period: April 8 to 24, 2014

COURSE DESCRIPTION AND OBJECTIVES

This course provides an overview of the etiology, symptomology, and treatment of the major clinical disorders. Students will be asked to consider the historically and socially constructed nature of mental illness. The examination of neurotic, psychotic, and personality disorders, as well as some developmental problems will also be covered. Additionally, identity problems, anxiety conditions, and learned (phobias, substance abuse, cultural deprivation, etc.) patterns of abnormal behaviour will be studied. Overall, this course is designed to provide you with an introduction to adult psychopathology and to develop your ability to think critically about issues pertaining to mental health.

Course Director: Dr. Jennifer Lewin
Office hour: Thursdays, 3 to 4pm, rm. 251 BSB
Email: jlewin@yorku.ca
Course website: moodle.yorku.ca

Teaching Assistant: James Watson-Gaze
Office hour: TBA
Email: jamwat@yorku.ca

Teaching Assistant: Jordana Waxman
Office hour: TBA
Email: waxmanja@yorku.ca

Accessing the course website:

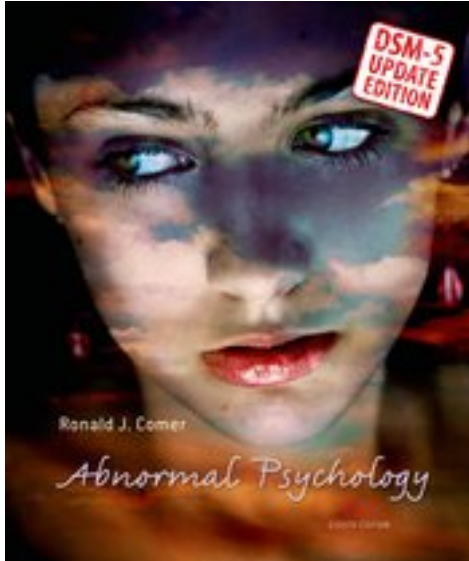
You will need a Passport York account to access the course website. Go to “moodle.yorku.ca” and type in your username and password information (Passport York account information) in the top right hand side of the page. After entering this information, your list of courses that use moodle will appear, click on “**HH/PSYC3140 P - Abnormal Psychology (Winter 2013-2014)**”. You will then be logged into the psyc3140P course website.

How to reach your instructor or teaching assistant:

The preferred method contacting the teaching assistant or the instructor is via email. For missed tests, please email the course director. Please email the course director regarding requests to use the alternate exam centre or any administrative issues (e.g., not enrolled in course, difficulty logging onto course website, etc.).

Prerequisites: Psyc 1010 6.0 with a minimum grade of C.

Required text: Comer, Ronald J. (2014). *Abnormal Psychology, 8th Edition, DSM-5 Update Edition*. New York, Worth Publishers.



NOTE: Please make sure that you purchase/rent the *DSM-5 Update Edition* of this book. The sole purpose of using this book was due to this update. You will be at a disadvantage if you use any other edition besides this one for this course.

COURSE FORMAT AND EVALUATION

Course evaluation for this class will consist of three non-cumulative tests, attending tutorials, and completing a case study tutorial assignment. Tests will be based on textbook readings, lectures, and video material.

Evaluation:

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| 1) Test 1: February 6, in class | 25% |
| 3) Test 2: March 13, in class | 25% |
| 4) Test 3: during exam schedule (April 8 to 24) | 30% |
| 5) Tutorial Attendance | 5% |
| 6) Tutorial Assignment: February 27, due in tutorial | 15% |

The above course requirements and weights are final and will not be adjusted. Exceptions **may** be made in extenuating circumstances provided the student presents **legitimate** and **documented** reasons for failing to complete stated course requirements. Such requests should be directed to the course instructor, not the teaching assistant. Final marks are final and will not be adjusted in order to “boost” students into the next letter grade.

TESTS

Tests will consist of multiple-choice questions, fill-in-the-blank and short answer questions. They will be comprised of 65 to 75 multiple choice questions, which will be based assigned textbook readings and lecture material, 10 to 15 fill-in-the-blank questions, which will be based on readings and lecture material, and 2 short answer questions based on readings and lecture material. Students will be given 2.5 hours to complete tests. Students are required to write tests on the scheduled dates. Special test dates will be granted only on religious, medical, or compassionate grounds (e.g., death in the family) **with appropriate documentation provided**. Please see the “Religious Observance Policy” and/or “Policy for Missed Tests and Examinations” sections for more information regarding protocol and documentation requirements. The tests will not be returned to students. Tests can be viewed during the teaching assistant’s office hour. Cheating will not be tolerated; please see the note on the avoidance of academic offences near the end of this syllabus.

LECTURES AND TUTORIALS

Class lectures will run on Thursdays from 11:30am to 1:10pm in Vari Hall C. Lectures will be followed by tutorials, which will run on Thursdays from 1:25 to 2:20pm. There will be 3 different tutorial sections and students will be divided based on last names. Tutorial section assignments will be discussed during the first lecture and then posted on moodle.

Tutorial rooms:

Accolade Building East rm. 004 (ACE 004): run by James Watson-Gaze

Vari Hall C (VH-C): run by Jennifer Lewin

Health, Nursing, and Environmental Studies Building, rm. B15 (HNE B15): run by Jordana Waxman

Tutorials will involve discussion of course content and submission of one assignment (i.e., maximum 4 double spaced typed pages) worth 15% of your final grade. For the assignment, you will be given a case study and asked to provide DSM-5 diagnosis (disagoses). Additionally, you will need to provide a rationale for your diagnoses, how the disorder(s) developed from one particular theoretical model, and provide a brief treatment plan based on the same theoretical model. More information regarding tutorials and the assignment will be discussed during Lecture 1 and subsequently posted on moodle. The first tutorial will commence on Thursday, January 9, 2014.

GRADING, ASSIGNMENT SUBMISSION, AND LATENESS PENALTY

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.).

Assignments and tests will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.registrar.yorku.ca/2013-2014/academic/grades/index.htm>)

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, the tutorial assignment for this course must be received on the due date specified for the assignment. Assignments are to be handed in during tutorial on Thursday, February 27, 2014. If you cannot be present in class, please have someone drop off the assignment for you. Assignments WILL NOT be accepted via any form of electronic submission.

Lateness Penalty: Assignments received later than the due date will be penalized. You will lose 2% per day that the assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Director but will require supporting documentation (e.g., a doctor's note).

RELIGIOUS OBSERVANCE POLICY

York University is committed to respecting the religious beliefs of all members of the community and making accommodations for observances of special significance to adherents. Should any of the dates specified in this syllabus for in-class examinations pose such a conflict for you, contact the Course Director **within the first two weeks of class** to schedule alternate arrangements. Please note that to arrange an alternative date or time for an *examination scheduled in the formal examination period*, students must complete an Examination Accommodation Form and submit it at least 3 weeks prior to the start of the examination period! The form can be obtained from the Registrar's Office (http://www.registrar.yorku.ca/pdf/exam_accommodation.pdf).

POLICY FOR MISSED TESTS AND EXAMINATIONS

1. **The student must contact the course director in-person or by e-mail within 48 hours of the missed test.** Be sure to clearly state your name, student number, course, and indicate the best method to contact you (e.g., email address or phone number) regarding the make up date and time. Please refer to the course website as well for official makeup dates, location, and time. If you are unable to contact the course instructor during this 48 hour period, subsequent documentation accounting for the delay must be provided.
2. Appropriate documentation verifying the circumstances for the missed examination must be provided at the MAKE-UP test. Failure to provide appropriate documentation will result in a grade of F for the missed test.

- a. Tests or examinations missed on the grounds of medical circumstances must be supported by an Attending Physician's statement

(<http://www.registrar.yorku.ca/exams/deferred/>) or a statement by a Psychologist or Counselor. The Physician's statement must include: (i) full name, mailing address and telephone number of the physician on official letterhead; (ii) the nature of the illness and its duration (i.e., specific dates covered); and, (iii) indication of whether the illness and/or medication prescribed would have SERIOUSLY affected the student's ability to study and perform over the period in question. Note: The physician's office may be contacted to verify the information provided.

- b. Tests or examinations missed on the grounds of non-medical circumstances must be supported by appropriate documentation (i.e., death certificates, obituary

notice, automobile accident reports, airline/train/bus ticket/receipts with date of booking on ticket, etc.). Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure and return dates.

c. Academic reason: If students have a test in another course during the same time and day (or if there is overlap between test times), students will be granted the opportunity to write the makeup. Students need to provide documentation that they are enrolled in the other course and there is a test on that day (e.g., include copy of the course syllabus and receipt of enrollment). A conflict with a LECTURE in another course is NOT a legitimate reason to miss the test and students will receive an F and no opportunity to write the makeup.

3. In the case of a make-up test/exam, the student must be prepared to write within two weeks following the missed test. Although the content to be examined will be the same, the format may or may not follow that of the original test/examination. It is the student's responsibility to check with the instructor as to the date/time of the make-up, which will be posted on the course website. **A conflict with another course lecture** during the time of the make-up **is not an acceptable reason** for missing the make-up test. If a student misses the set make-up test date on reasonable grounds (see points a and b above) then the student needs to obtain additional appropriate documentation. Also, you need to contact the course director/instructor within 48 hours of missing the make-up test to have the opportunity to re-schedule. Missed make-ups must be supported by appropriate documentation (see points A and B above). Failure to provide appropriate documentation will result in a grade of F on the missed test. If students miss the set make-up test date AND have all the appropriate documentation, they will be given a second and final chance to write Test 1 at the convenience of the psyc department. For those students that miss Test 2 – the same procedure needs to be followed to be able to write the makeup. Those that miss Test 3 and the makeup date for Test 3, students will be given a final chance to write during the S2 summer 2014 term.

Official Makeup Dates:

Test 1 Makeup: Thursday, February 27, 2014 from 3 to 5:30pm, location TBA

Test 2 Makeup: Thursday, March 27, 2014 from 3 to 5:30pm, location TBA

Test 3 Makeup: Thursday, April 24, 2014 from 6pm to 8:30pm, location TBA

If you feel that you have a medical or personal problem that is interfering with your work, you should contact the Faculty of Arts Advising Centre (<http://www.arts.yorku.ca/advising/>). Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis.

DEFERRED STANDING

Deferred standing may be granted to undergraduate students who are **unable to write their final examination** at the scheduled time or are **unable to submit their outstanding course work on the last day of classes**. In order to apply for deferred standing, students must complete a Final Exam/Assignment Deferred Standing Agreement form (<http://www.registrar.yorku.ca/exams/deferred/>), and reach an agreement directly with the course director for an alternate final examination date or for

an extension to the deadline. The Final Exam/Assignment Deferred Standing Agreement form facilitates the setting of an alternate date for writing a final examination or submitting outstanding course work before the Faculty deadlines. There is no provision for rewriting a final examination to improve a final grade.

ASSIGNED READINGS and IMPORTANT DATES

- Lecture 1: January 9: Chapter 1: Abnormal Psychology Past and Present
- Lecture 2: January 16: Chapter 2: Research in Abnormal Psychology
Chapter 3: Models of Abnormality
- Lecture 3: January 23: Chapter 4: Clinical Assessment, Diagnosis, & Treatment
- Lecture 4: January 30: Chapter 5: Anxiety, Obsessive-Compulsive, and Related Disorders
Chapter 6: Stress Disorders

Test 1: Thursday, February 6: Chapters 1, 2, 3, 4, 5, 6 and all lecture & video material

- Lecture 5: February 13: Chapter 8: Disorders of Mood
Chapter 9: Treatments for Mood Disorders

Official Makeup for Test 1: Thursday, February 27, 3pm to 5:30pm, location TBA

- Lecture 6: February 27 : Chapter 7: Disorders Focusing on Somatic and Dissociative Symptoms
Due: Case Study Assignment submitted in tutorial
- Lecture 7: March 6: Chapter 11: Eating Disorders
Chapter 13: Disorders of Sex And Gender

NOTE: Last day to drop the course without receiving a grade: March 7, 2014

Test 2: Thursday, March 13: Chapters 7, 8, 9, 11, 13 and all lecture & video material

- Lecture 8: March 20: Chapter 12: Substance Use and Addictive Disorders

Official Makeup for Test 2: Thursday, March 27, 11:30am to 2pm, location TBA

- Lecture 9: March 27: Chapter 14: Schizophrenia
Chapter 15: Treatment for Schizophrenia and Other Severe Mental Disorders

Lecture 10: April 3: Chapter 16: Personality Disorders
 Chapter 17: Developmental Disorders (pg. 530 to 545 only)

**Final Exam: April 8 to 24: Chapters 12, 14, 15, 16 and part of 17 (pgs. 530 to 545)
and all lecture & video material**

NOTE: The exam schedule should be released during the second week in February. As soon as I know, I will post the final exam date, time, and location on the course website.